

Traffic Light Check-in Cards

Cut along the dotted lines and use the cards to check in.

GREEN



I'm good to go!



GREEN

I understand and can work independently.



GREEN

I feel calm, focused and ready to learn.



AMBER



I need a little help.



AMBER

I'm not sure yet. Can you explain more?



AMBER

I'm feeling a bit unsure or distracted.



RED



I need help please.



RED

I don't understand. I need support.



RED

I'm feeling overwhelmed or stuck.

