

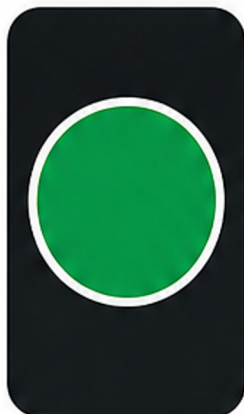
TRAFFIC LIGHT CHECK-IN TEMPLATE

Name: _____

Date: _____

Period/Class: _____

≧ How are you feeling right now? ≦



GREEN



I'm good
to go!

What is going well?



AMBER



I have some
challenges.

What is getting in the way?



RED



I need help.

What do you need right now?



I WILL TAKE ACTION

I will:



I WOULD LIKE SUPPORT WITH

From my teacher: _____

From a classmate: _____

Other: _____



Check in with yourself. |



Speak up. |



We're here to help.