

# GOAL SETTING

## SCENARIO CARDS



- 1** You want to read more books this term.



What is your goal?

- 2** You want to get better at math.



What is your goal?

- 3** You want to be more active and healthy.



What is your goal?

- 4** You want to be kinder to your friends.



What is your goal?

- 5** You want to keep your desk and room tidy.



What is your goal?

- 6** You want to spend less time on screens.



What is your goal?

- 7** You want to improve your handwriting.



What is your goal?

- 8** You want to try something new.



What is your goal?

- 9** You want to save money for something special.



What is your goal?

- 10** You want to get better at a sport or game.



What is your goal?

- 11** You want to manage your worries better.



What is your goal?

- 12** You want to be more organised with homework.



What is your goal?



Think: **Specific** • **Achievable** • **Important** • **Time-bound**