

# CONSENT AND RESPECT

## DISCUSSION CARDS

Cut out the cards. Use them to start meaningful conversations.



### 1 WHAT IS CONSENT?



How would you define consent in your own words?

### 2 CLEAR AND FREELY GIVEN



Why is it important that consent is clear and freely given?

### 3 ONGOING CONSENT



Why can someone change their mind at any time?

### 4 RESPECT



What does respect look like in everyday interactions?

### 5 READING THE SIGNS



What are some signs that someone may not be comfortable?

### 6 BOUNDARIES



How can you ask about boundaries in a respectful way?

### 7 PEER PRESSURE



How can peer pressure affect decisions about consent?

### 8 ONLINE RESPECT



How does consent and respect apply in online interactions?

### 9 SPEAK UP



Why is it important to speak up if someone feels uncomfortable?

### 10 SUPPORT OTHERS



How can you support a friend who says "no" or changes their mind?

### 11 MY ROLE



What actions can you take to show consent and respect?

### 12 SCENARIO DISCUSSION



Read a scenario. What are the consent and respect considerations?