

Goal Setting Picture Cards



**My
Goal**



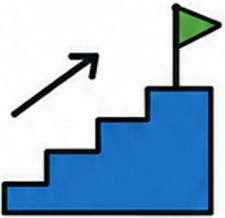
**Why It
Matters**



**Plan
Steps**



**Set a
Time**



**Take One
Step**



**Stay
Focused**



**Keep
Going**



**Celebrate
Progress**



**Check
Progress**



**Adjust
My Plan**



**Overcome
Challenges**



**Ask for
Help**



**Learn and
Improve**



**Be
Positive**



**Reach My
Goal**



**I'm
Proud!**



Cut along the dotted lines to use your goal setting cards.